



## Selection Criteria

### 2018 Victorian U22 Men's Team – Leadbeater Possums

#### **Spirit**

- Good basic knowledge and understanding of the rules.
- Is willing to expand their knowledge.
- Demonstrates ability to uphold Spirit of the Game.

#### **Athleticism**

- Demonstrates a high level of physical fitness necessary for a three day interstate tournament based on speed, endurance, footwork, agility and vertical leap.

#### **Attitude**

- Is willing to take on and apply feedback.
- Contributes positively to the team culture and provides support to teammates.
- Shows dedication to personal and team improvement.
- Be open to learning new content.

#### **Overall on-field abilities**

- Ability to play to a team plan, with a focus on team success.
- Ability to understand and execute both offensive and defensive structures.

#### **Offensively**

- Demonstrates good decision making and execution when in possession of the disc.
- Ability to move the disc quickly and break the mark.
- Demonstrate the ability to cut and clear to make use of space.

#### **Defensively**

- Demonstrate the ability to mark a thrower or cutter according to the team plan.
- Ability to generate blocks.
- Ability to play positions in a zone.