Victorian u22 Mens Team Leadbeater's Possums 2019 Selection Criteria

Mission
Bring together the next generation of athletes, and help them to develop as people whilst learning, progressing in and playing high quality ultimate. Enjoy playing ultimate and enjoy spending time together as a team.

Vision
Team: Teach young athletes how to connect and share and build a team focused unit to execute a big picture systematic approach to ultimate

Athletes: develop technical and athletic skills to perform in a team focused unit. Equip athletes skills and knowledge to help them continue development after the campaign has ended.

Coaches: Be approachable, honest and respectful. Feedback orientated, operate in the background.

Selection Criteria
The athletes will be selected according to the following core values:

Attitude
- Open mindedness toward mental strength training;
- Awareness of decision-making in the context of different conditions, pressure and game environments;
- Strong on field communication ability;
- Excellent field vision and game awareness;
- Focus on personal execution of their part in the team plan;
- Ability to accept and contribute positive and constructive feedback;
- Upholding the Spirit Of The Game at all times;
- Confidence, mental toughness and ability to focus;
- Demonstration of discipline and ability to follow instructions;
- Maintaining a positive reputation for the Thunder in all circumstances;
- Ability to execute a flexible team plan
- Coachability; Ability to implement feedback from coaches

Athletic ability
- High level of physical fitness that is sufficient for a multiple day tournament;
- Running speed;
- Footwork and agility;
- Vertical leap;
- Commitment to resolving current or potential injuries.

Technical ability

On field offense:

- Displays high level of control of the disc;
- Ability to distribute the disc quickly and efficiently;
- Displays a wide variety of effective cuts in games;
- Reliable and aggressive catching in all situations;
- Ability to create space for teammates;
- Confidence in breaking the marks of different forces.
- Ability to complete passes to a variety of different receivers;

On field defense:

- Ability to generate blocks
- Ability to correctly and effectively guard cutters with varying forces;
- Aggressively, correctly and effectively mark throwers with varying forces;
- Ability to execute both zone and match defensive strategies;
- Ability to recognise and minimise threats using good positional awareness.
- Use of vision and reading of play to effectively use poaches;
- Ability to execute help defense.