

# ***UNDER 22 WOMEN'S TEAM SELECTION CRITERIA***

Selection will be based on three key pillars. Successful applicants will demonstrate proficiency across these areas. Each pillar is followed by some guiding examples.

## **Attitude**

- A commitment to excellence and a desire to continually improve
- A team first approach to playing and training
- Maintaining a high level of Spirit of the Game
- Responsiveness to feedback
- Focus and engagement with all activities

## **Physical Ability**

- Speed and agility
- Coordination
- Fitness and Strength

## **On-field attributes**

- Technical skills (e.g. throwing, footwork, catching etc.)
- Field and game awareness
- Decision making

In addition to these criteria, suitability to fill a specific role on the team will be considered by selectors.